

Games and Recreation

Stay occupied with these do-it-yourself home experiments, workouts and dance parties.

NEW - Banff Mountain Film Fest

For all the film lovers in your life, you can watch the Banff Mountain Film Fest from the comfort of your own house.

Link: <https://iconpro.io/banff-mountain-film-fest-couch-tour-2020/>

NEW - Kahoot Trivia

Test your knowledge with pre-existing quizzes or challenge your friends and family with custom made trivia.

Link: <https://kahoot.com/>

NEW - National Film Board Collection

The National Film Board's online Screening Room offers access to over 3,000 films. The collection includes animation, documentaries, experimental films and more.

Link: <https://www.nfb.ca/>

NEW - Online Math Games

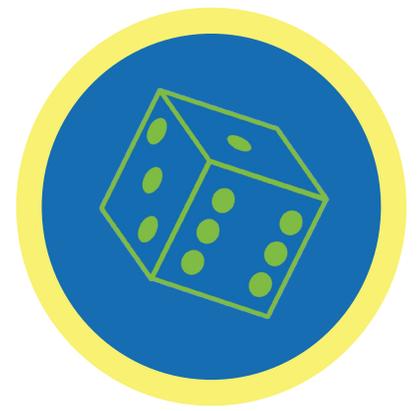
If you're striving to keep things "adding up" while social distancing, check out these interactive online games.

Link: <https://www.mathies.ca/games.php>

NEW - Online Monopoly

You can still host board game night with this online version of a classic game!

Link: <https://www.pogo.com/games/monopolyclassic>



NEW - Sens Activities

From one of our founding partners, the Ottawa Senators, consult their great collection of recreation activities for children and families.

Link: <http://www.sensfoundation.com/covid-19-resources/>

NEW - YMCA Fitness Videos

Hosted by our partners at the YMCA, these videos offer courses in bootcamp, yoga, tai chi and more, to help you stay active.

Link: <https://ymca360.org/>

50 Fun Activities

These 50 fun activity and craft ideas offer something for every age and every skill level. See how many you can complete.

Link: <https://www.goodhousekeeping.com/home/craft-ideas/how-to/g1389/diy-kids-activities/?slide=1>

Crayola Create It Yourself

Creative and engaging craft ideas for all ages and skill levels.

Link: <http://www.crayola.ca/create-it-yourself-home>

Daily 10-Minute Dance Party

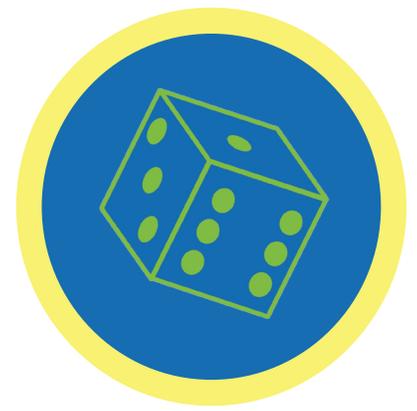
Get up and moving from 12:15 - 12:25 P.M. EDT. Join this fun virtual dance party!

Link: <https://www.kickstartology.com/>

Indoor Games and Activities

27 unique and entertaining indoor games and activities. Paper airplane target flying, electric tape roads and more round out this creative list.

Link: <https://www.buzzfeed.com/mikespohr/activities-for-kids-while-inside-be-cause-of-the-coronavirus>



Netflix Party

With this Google Chrome extension you can watch movies simultaneously with your friends and family. Remote movie night, anyone?

Link: <https://chrome.google.com/webstore/detail/netflix-party/oocalimimngaihdkbihfgmpkcpnmlaoa?hl=en>

Printable Art Projects

Updated daily, check out these unique printable colouring sheets and craft projects.

Link: <https://artwithcrystal.com/free-printables/>

The Dad Lab

Experiments of the day, live-streamed science lessons and other activity tutorials round out this engaging social account.

Link: <https://twitter.com/thedadlab>

The Daily 20 Program

Take a brain break with these 5-minute exercise programs, designed to be used 4 times a day. Offered by our partners at [Start2Finish](#).

Link: <https://fast.wistia.net/embed/channel/5jehdru8mr>

Writing and Drawing Prompts

Complete the already started comic strips or create your own with these online writing and drawing prompts!

Link: <https://jarrettlerner.com/activities/>